

## Fox Valley Family YMCA Pool Schedule Spring 2018

### Monday - Thursday

Lanes	1	2	3	4	5	6	7	8
5a-5:30a	Swim Practice					Open Swim		
5:30a-6a	Swim Practice					Open Swim		
6a - 7a						Open Swim		
7a - 8a						Open Swim		
8:00a	Lap Swim					Open Swim		
8:15a	Lap Swim					Open Swim		
8:30a	Lap Swim					Open Swim		
8:45a	Lap Swim					Open Swim		
9:00a	Swim Lessons				Aqua Fitness Times Vary by Day			
9:15a					Aqua Fitness			
9:30a					Aqua Fitness			
9:45a					Aqua Fitness			
10:00a						Open Swim		
10:15a					Open Swim			
10:30a					Open Swim			
10:45a					Open Swim			
11:00a					Open Swim			
11:15a					Open Swim			
11:30a					Open Swim			
11:45a					Open Swim			
Noon-1p					Open Swim			
1p - 2p					Open Swim			
2p - 3p					Open Swim			
3:00p					Open Swim			
3:15p					Open Swim			
3:30p					Open Swim			
3:45p					Open Swim			
4:00p	Swim Lessons					Open Swim		
4:15p	Swim Lessons					Open Swim		
4:30p	Swim Lessons					Open Swim		
4:45p	Swim Lessons					Open Swim		
5:00p					Open Swim			
5:15p					Open Swim			
5:30p	Swim Practice					Open Swim		
5:45p	Swim Practice					Open Swim		
6:00p	Swim Practice					Open Swim		
6:15p	Swim Practice					Open Swim		
6:30p	Swim Practice					Open Swim		
6:45p	Swim Practice					Open Swim		
7:00p					Open Swim			
7:15p					Open Swim			
7:30p					Open Swim			
7:45p					Open Swim			
8:00p	Lap Swim					Open Swim		
8:15p	Lap Swim					Open Swim		
8:30p	Pool Closes at 8:30p							

### Friday

Lanes	1	2	3	4	5	6	7	8
5a-5:30a	Swim Practice					Open Swim		
5:30a-6a	Swim Practice					Open Swim		
6a - 7a						Open Swim		
7a - 8a						Open Swim		
8:00a	Lap Swim					Open Swim		
8:15a	Lap Swim					Open Swim		
8:30a	Lap Swim					Open Swim		
8:45a	Lap Swim					Open Swim		
9:00a					Aqua Fitness			
9:15a					Aqua Fitness			
9:30a					Aqua Fitness			
9:45a					Aqua Fitness			
10:00a						Open Swim		
10:15a						Open Swim		
10:30a						Open Swim		
10:45a						Open Swim		
11:00a						Open Swim		
11:15a						Open Swim		
11:30a						Open Swim		
11:45a						Open Swim		
Noon-1p						Open Swim		
1p - 2p						Open Swim		
2p - 3p						Open Swim		
3:00p						Open Swim		
3:15p						Open Swim		
3:30p						Open Swim		
3:45p						Open Swim		
4:00p						Open Swim		
4:15p						Open Swim		
4:30p	Swim Practice					Open Swim		
4:45p	Swim Practice					Open Swim		
5:00p	Swim Practice					Open Swim		
5:15p	Swim Practice					Open Swim		
5:30p	Swim Practice					Open Swim		
5:45p	Swim Practice					Open Swim		
6:00p						Open Swim		
6:15p						Open Swim		
6:30p						Open Swim		
6:45p						Open Swim		
7:00p						Open Swim		
7:15p						Open Swim		
7:30p						Open Swim		
7:45p						Open Swim		
8:00p	Pool Closes at 7:30p							
8:15p	Pool Closes at 7:30p							
8:30p	Pool Closes at 7:30p							

Schedule is subject to change.

Lap Swim - Single person or shared by 2 or more swimmers in one lane.

Open Swim - Recreational use of the pool for families and youth members.

For exact Aqua Fitness schedule please consult Group Fitness schedule.

Entire pool or lanes may be closed due to facility rental (anytime).

\*All swimmers under 12 years old must be accompanied by an Adult.

## Fox Valley Family YMCA Pool Schedule Spring 2018

Saturday									Sunday								
Lanes	1	2	3	4	5	6	7	8	Lanes	1	2	3	4	5	6	7	8
	Pool Opens at 7:30a									Pool Opens at 9:30a							
7:30a-8a									7:30a-8a								
8:00a	Swim Practice				Lap Swim				Swim Lessons				Open Swim				
8:15a																	
8:30a																	
8:45a																	
9:00a																	
9:00a	Swim Lessons				Lap Swim				Swim Lessons				Open Swim				
9:15a																	
9:30a																	
9:45a																	
10:00a																	
10:00a	Swim Lessons				Lap Swim				Swim Lessons				Open Swim				
10:15a																	
10:30a																	
10:45a																	
11:00a																	
11:00a	Swim Lessons				Lap Swim				Swim Lessons				Open Swim				
11:15a																	
11:30a																	
11:45a																	
Noon-1p																	
1p - 2p	Lap Swim				Lap Swim				Lap Swim				Open Swim				
2p - 3p																	
3:00p																	
3:15p																	
3:30p																	
3:45p	Lap Swim				Lap Swim				Lap Swim				Open Swim				
4:00p																	
4:15p																	
4:30p																	
4:45p																	
5:00p	Lap Swim				Lap Swim				Lap Swim				Open Swim				
5:15p																	
5:30p																	
5:45p																	
6:00p																	
6:00p	Pool Closes at 5:30p								6:00p	Pool Closes at 3:30p							
6:15p																	
6:30p																	
6:45p																	
7:00p																	
7:00p	Pool Closes at 5:30p								7:00p	Pool Closes at 3:30p							
7:15p																	
7:30p																	
7:45p																	
8:00p																	
8:00p	Pool Closes at 5:30p								8:00p	Pool Closes at 3:30p							
8:15p																	
8:15p	Pool Closes at 5:30p								8:15p	Pool Closes at 3:30p							

Schedule is subject to change.

Lap Swim - Single person or shared by 2 or more swimmers in one lane.

Open Swim - Recreational use of the pool for families and youth members

For exact Aqua Fitness schedule please consult Group Fitness schedule.

Entire pool or lanes may be closed due to facility rental (anytime) or

Swim Meets or Birthday Parties (Saturdays and Sundays)

\*All swimmers under 12 years old must be accompanied by an Adult