



FOX VALLEY FAMILY YMCA POOL SCHEDULE

Lap Swim - Single person or shared by 2 or more swimmers in one lane.

Open Swim - Recreational use of the pool for families and youth members.

Family Swim - Dedicated time for use of the pool for family free swim with the use of our "Climber" inflatable.

This schedule is subject to change. Lanes may be closed due to facility rental (any time) and birthday parties (Saturday and Sunday afternoon).

For exact Aqua Fitness schedule please consult the Aqua Fitness schedule handout.