



Fox Valley Family YMCA Gym Schedule Summer 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
4:30am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am
5:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am
6:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
7:00am					
8:00am					
9:00am					
10:00am					
11:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
12 Noon	Noon Basketball Noon-2:30pm MEMBERS ONLY	Open Gym	Noon Basketball Noon-2:30pm MEMBERS ONLY	Open Gym	Noon Basketball Noon-2:30pm MEMBERS ONLY
1:00pm					
2:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
3:00pm					
4:00pm					
5:00pm					
6:00pm	GYM CLOSED	Open gym	GYM CLOSED	Open Gym	GYM CLOSED
7:00pm					
8:00pm					
	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	YMCA Closed at 8pm

9:00pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	
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Circumstances may require that adjustment be made to programs, fee, schedules, etc. The YMCA reserves the right to r

Please allow time for programs to set up and take down equipment. Soccer practice may be held indoors during i

Reminder: Camps will be occupying the gym during daytime hours throughout the summer. **MEMBERS ONLY IN TH**



Saturday	Sunday
YMCA Opens at 7am	YMCA Opens at 9am
Open Gym	Open Gym
YMCA Closed at 6pm	YMCA Closed at 4pm



make any such adjustment.

inclement weather.

IE GYM AFTER 4 PM