



Fox Valley Family YMCA Gym Schedule August-September 2018



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
4:30am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am						
5:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am						
6:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	YMCA Opens at 7am	YMCA Opens at 9am				
7:00am											
8:00am											
9:00am	Pickleball & Open Gym	Open Gym	Open Gym	Open Gym	Pickleball & Open Gym	Open Gym	Gym Closed				
10:00am											
11:00am	Open Gym				Open Gym		Open Gym	Open Gym		Open Gym	
12 Noon	Noon Basketball Noon-2:30pm MEMBERS ONLY				Noon Basketball Noon-2:30pm MEMBERS ONLY		Noon Basketball Noon-2:30pm MEMBERS ONLY	Noon Basketball Noon-2:30pm MEMBERS ONLY	Open Gym		
1:00pm											
2:00pm	Open Gym				Open Gym		Open Gym	Open Gym	Open Gym	Open Gym	
3:00pm											
4:00pm											
5:00pm	Open Gym				Open Gym		Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
6:00pm											
7:00pm											
8:00pm	GYM CLOSED	Open Gym	GYM CLOSED	GYM CLOSED	GYM CLOSED	YMCA Closed at 6pm	YMCA Closed at 4pm				
9:00pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	YMCA Closed at 8pm						

Circumstances may require that adjustment be made to programs, fee, schedules, etc. The YMCA reserves the right to make any such adjustment.

Please allow time for programs to set up and take down equipment. Youth sports may be held indoors during bad weather.

Reminder: Camps will be occupying the gym during daytime hours during camp/activity days. **MEMBERS ONLY IN THE GYM AFTER 4 PM**