



# Fox Valley Family YMCA Gym Schedule Fall 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
4:30am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am	Opens at 5am
5:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am	Boot Camp 5:00am - 6:00am
6:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
7:00am					
8:00am					
9:00am					
10:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
11:00am					
12 Noon	Noon Basketball Noon-2:30pm MEMBERS ONLY	Open Gym	Noon Basketball Noon-2:30pm MEMBERS ONLY	Open Gym	Noon Basketball Noon-2:30pm MEMBERS ONLY
1:00pm					
2:00pm					
3:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
4:00pm					
5:00pm	Y Winners Basketball	Open Gym	Y Winners Basketball	Open Gym	Open Gym
6:00pm					
7:00pm	GYM CLOSED	Open Gym	GYM CLOSED	Adult Volleyball	Youth Dodgeball League
8:00pm					GYM CLOSED

9:00pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	Closed at 9pm	
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Circumstances may require that adjustment be made to programs, fee, schedules, etc. The YMCA reserves the right to n

Please allow time for programs to set up and take down equipment. Soccer/Football practice may be held indoors dur

Reminder: Camps will be occupying the gym during daytime hours throughout the summer. **MEMBERS ONLY IN THI**



Saturday	Sunday
<p data-bbox="152 275 217 359">YMCA Opens at 7am</p>	<p data-bbox="383 275 448 359">YMCA Opens at 9am</p>
<p data-bbox="82 747 217 831">Y Winners Basketball games</p>	<p data-bbox="370 951 461 972">Open Gym</p>
<p data-bbox="120 1224 250 1255">Open Gym</p>	<p data-bbox="375 1839 451 1923">YMCA Closed at 4pm</p>
<p data-bbox="147 1703 224 1787">YMCA Closed at 6pm</p>	



make any such adjustment.  
ing inclement weather.

**E GYM AFTER 4 PM**