

SCHOOL OF DANCE

AGES 18 MONTHS TO 17 YEARS OF AGE

At the Fox Valley Family YMCA School of Dance, you'll find degreed and trained instructors who instill YMCA core values as the foundation for learning. Join us today!

FALL SESSION I: SEPT. 5 - OCT. 28

30 Minute Class \$55M/\$83NM

45 Minute Class \$70M/\$105NM

FALL SESSION II: OCT. 30 - DEC. 22

30 Minute Class \$55M/\$83NM

45 Minute Class \$70M/\$105NM

M/NM: Y Member/Non-member

**REGISTER ONLINE!
FOXVALLEYYMCA.ORG**

DANCE WITH ME

AGES 18M-2 YEARS | This is a parent and child class. Learn simple movements and songs with your child. This class will use props, stories, and songs.

TODDLIN' TUTUS

AGES 2-3 | Our youngest ballerinas will learn the basics of ballet through fun songs and games.

DANCE DISCOVERY

AGES 3½-5 | This high energy class will explore elements of dance while developing imagination and creativity. Students will also work on musicality, rhythm and coordination.



CENTRAL BRANCH DANCE CLASSES

PROGRAM	AGE	DAY	TIME
Dance w/Me	18m-2	Tu	10-10:30am
Toddlin' Tutus	2-3	Tu	10:30-11am
Toddlin' Tutus	2-3	Tu	5:15-5:45pm
Dance Discovery	3½-5	Tu	5-5:45pm
Dance Discovery	3½-5	W	10:30-11:15am
Dance Discovery	3½-5	Sa	10-10:45am

BASIC DANCE

AGES 5-7 | The basic dance class teaches the basics of ballet, jazz, tap and more. This is a great class to introduce your child into the world of dance.

BASIC BALLET

AGES 5-7 | Basic Ballet introduces ballet fundamentals such as basic positions and movements, body alignment and strengthening and flexibility. Each class includes barre exercises, center floor work, and across-the-floor combinations.

BEGINNER BALLET

AGES 8+ | Ballet I continues ballet fundamentals.

BEGINNER JAZZ

AGES 8+ | Jazz technique begins with alignment and basic coordination. Class includes body isolations, jumps and leaps, and turns.

BEGINNER TAP

AGES 8+ | Students will learn rhythm, coordination, basic tap terminology and choreography.

BASIC HIP HOP

AGES 5-7 | This class combines fast paced moves with jazz technique that will have you moving, bumping, and free styling like a pro.

BEGINNER HIP HOP

AGES 8+ | This class combines fast paced moves with jazz technique that will have you moving, bumping, and free styling like a pro.

CENTRAL BRANCH DANCE CLASSES

PROGRAM	AGE	DAY	TIME
Basic Dance	5-7	Th	5-5:45pm
Basic Dance	5-7	Sa	10:45-11:30am
Basic Ballet	5-7	Tu	5:45-6:30pm
Beg. Ballet	8+	Tu	6:30-7:15pm
Beg. Jazz	8+	Th	5:45-6:30pm
Beg. Tap	8+	Th	6:30-7pm
Basic Hip Hop	5-8	TBD	TBD
Beg. Hip Hop	8+	TBD	TBD

Classes with low enrollment are generally cancelled approximately one week before the first meeting date. Please sign up early for your program to avoid cancellations. Students will be evaluated the first week of class. Arts Director Krissy Olin reserves the right to move any child to the appropriate level. Advancement may take from six months to two years. Level 2 classes need director approval. A student may only enroll in the next level when given permission by the instructor and director.

DANCE / MUSIC / ART

LA PREMIERE DANCE COMPANY

La Premiere is a competitive, performance dance company for Y Members ages 5-18. We provide a fun and affordable dance company so all children have an opportunity to dance. As part of our dance company your children will grow into talented dancers and learn valuable, lifelong lessons. La Premiere competes locally and nationally with special performances in the area.

The season starts in September and runs through mid-July. If you are interested in Intermediate/Advanced classes or in joining La Premiere, please contact the director, Krissy Olin at 630-552-4100 x 235 or e-mail at kolin@foxvalleyymca.org.



LA PREMIERE AUDITIONS - AUGUST 26

AGES 5-7 • 10-10:45AM | AGES 8-11 • 11-12PM | AGES 12-18 • 12-1:15PM

MUSIC LESSONS

SESSION I: SEPTEMBER 5 - 30

SESSION II: OCTOBER 2 - 28

SESSION III: OCTOBER 30 - NOVEMBER 25

SESSION IV: NOVEMBER 28 - DECEMBER 23

Welcome to the Fox Valley Family YMCA Music Academy. The academy offers music lessons in piano, guitar, drums, voice, violin, cello, viola, string bass, woodwinds, and brass instruments. All lessons are a half hour in length and meet weekly throughout the session. Contact Krissy Olin or call 630-552-4100 x235 for more information or register online at www.foxvalleyymca.org. **\$76M / \$114NM (Bank Draft \$66M / \$104NM)**

- Piano Lessons (ages 5+)
- Beginner Cello Lessons (ages 8+)
- Woodwind Instruments (ages 9+)
- Voice Lessons (ages 7+)
- Viola Lessons (ages 8+)
- Brass Instruments (ages 10+)
- Guitar Lessons (ages 7+)
- Violin Lessons (ages 8+)
- Drum Lessons (ages 7+)



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