



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

DANCE WITH US!



LA PREMIERE DANCE COMPANY FALL PLACEMENT SEPT. 2 - 10:00AM

Do you love to dance? Do you love to perform? Do you want to be part of a team?
Then come be a part of the La Premiere Dance Company!

La Premiere is a competition and performance dance company. They compete at local competitions in the Chicagoland area. La Premiere is open to dancers ages 5-18. Students must be 5 by September 1. Interested? Come join us for our placement class on Saturday, September 5th: 10-10:45am ages 5-7, 11am-Noon ages 8-11, Noon-1:15pm ages 12 and up. There will be an informational meeting for the parents during the placement class. Please arrive early to fill out paperwork and to stretch. If you cannot attend the audition, please call to schedule an audition time.

FOX VALLEY FAMILY YMCA

Central Branch | 3875 Eldamain Rd., Plano, IL 60545 | 630-552-4100
WWW.FOXVALLEYYMCA.ORG

SCHOOL OF DANCE FALL SESSION

SEPT. 5 – OCT. 28 & OCT. 30 – DEC. 22

Join us for our fall session of dance classes! We have classes for kids of all ages starting at age 18 months. We offer ballet, tap, jazz, hip hop, and more and we've added new basic and beginner level classes to our schedule. All classes are taught by our experienced and talented dance staff.

2017 FALL DANCE

SESSION 1: SEPT. 5 – OCT. 28 | SESSION 2: OCT. 30 – DEC. 22

SESSION	CLASS FEE
30 Minute Class	\$55M / \$83NM
45 Minute Class	\$70M / \$105NM

PROGRAM		TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
PRESCHOOL DANCE CLASSES (Ages 2–5)					
Dance w/Me	Ages 18m-2	10-10:30am			
Toddlin' Tutus	Ages 2-3	10:30-11am 5:15-5:45pm			
Dance Discovery	Ages 3-5	5:15-5:45pm	10:30-11:15am		10-10:45am
YOUTH DANCE CLASSES (Ages 5+)					
Basic Ballet	Ages 5-7	5:45-6:30pm			
Beginner Ballet	Ages 8+	6:30-7:15pm			
Basic Dance	Ages 5-7		5:15-6pm		11:15am-12pm
Beginner Jazz	Ages 8+			5:45-6:30pm	
Beginner Tap	Ages 8+			6:30-7pm	

DANCE WITH ME

AGES 18M-2 YEARS | In this parent and child class, participants will learn simple movements and songs together.

TODDLIN' TUTUS

AGES 2-3 | Our youngest ballerinas will learn the basic of ballet through fun songs and games.

DANCE DISCOVERY

AGES 3-5 | This high energy class will explore elements of dance while developing imagination and creativity. Students will also work on musicality, rhythm and coordination.

BASIC BALLET

AGES 5-7 | This class will introduce students to basic ballet vocabulary and technique in a structured yet fun setting. Simple coordination, musicality, rhythm, and concentration will be emphasized. Students are encouraged to explore space and enjoy dancing.

BEGINNER BALLET

AGES 8-12 | With a focus on learning techniques through barre and center work, this class will help develop a ballet dancer's grace, strength, and balance while always having fun.

BASIC DANCE

AGES 5-7 | A great class for the beginner dancer to get a taste of the different styles of dance including ballet, jazz and more.

BEGINNER JAZZ

AGES 8-12 | Jazz is a fun and energetic style of dance that incorporates elements like kicks, leaps, turns, splits, and isolations. Classes include stretch and strengthening exercises, floor work, and across-the-floor progressions in addition to a center floor combinations.

BEGINNER TAP

AGES 8-12 | Tap is all about rhythm! This exciting and challenging form of dance focuses on rhythm, timing, and coordination.

HIP HOP

AGES 5-12 | This class combines fast paced moves with jazz technique that will have you moving, bumping, and free styling like a pro. Basic Hip Hop for ages 5-7 and Beginner Hip Hop for ages 8-12.