

FV FY Aqua Force Private Coaching Form

Please fill out a Private Coaching request form and leave it at the front desk or email it to ksatler@foxvalleymca.org. Save a copy of the receipt to give to your Coach. Thank you for giving the gift of swimming.

Participants Name: _____ Age: _____ Male/Female

Parents Name: _____ Phone # _____

Email _____

Current Swimming Ability: Swim Team Ready 1-3 Years of Swim Team
 3+ years of Swim Team Senior-Elite Level Swimmer

Swimming Goals: _____

Fears, Special Needs or Concerns for Coach?

Typical Coach's Availability:

Mon-Fri: 10a-12p or 3p-5p Sat: 9a-1p Sun: 11a-3p

Specific Days and Times Available for Private Coaching:

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Preferred Coach: _____ Male/Female

\$60M/\$80NM per hour

\$160M/\$225NM for 3 x hour sessions

Assigned Coach: _____

