

Fox Valley Family YMCA Pool Schedule Fall-Winter 2019

Monday - Thursday

Lanes	1	2	3	4	5	6	7	8
5a-6a						Open Swim		
6a - 7a						Open Swim		
7a - 8a	Lap Swim					Open Swim		
8:00a						Open Swim		
8:15a						Open Swim		
8:30a						Open Swim		
8:45a						Open Swim		
9:00a	Lessons					Aqua Fitness Times Vary by Day		
9:15a						Aqua Fitness		
9:30a						Aqua Fitness		
9:45a						Aqua Fitness		
10:00a							Aqua Fitness	
10:15a						Aqua Fitness		
10:30a						Aqua Fitness		
10:45a						Aqua Fitness		
11:00a	Lessons					Lessons	Open Swim	
11:15a							Open Swim	
11:30a							Open Swim	
11:45a							Open Swim	
Noon-1p								Open Swim
1p - 2p						Open Swim		
2p - 3p						Open Swim		
3:00p						Open Swim		
3:15p						Open Swim		
3:30p						Open Swim		
3:45p						Open Swim		
4:00p						Open Swim		
4:15p						Open Swim		
4:30p						Open Swim		
4:45p						Open Swim		
5:00p						Open Swim		
5:15p						Open Swim		
5:30p						Open Swim		
5:45p						Open Swim		
6:00p						Open Swim		
6:15p						Open Swim		
6:30p						Open Swim		
6:45p						Open Swim		
7:00p						Open Swim		
7:15p						Open Swim		
7:30p						Open Swim		
7:45p						Open Swim		
8:00p						Open Swim		
8:15p						Open Swim		
8:30p	Pool Closes at 8:30p							

Friday

Lanes	1	2	3	4	5	6	7	8
5a-6a						Open Swim		
6a - 7a						Open Swim		
7a - 8a	Lap Swim					Open Swim		
8:00a						Open Swim		
8:15a						Open Swim		
8:30a						Open Swim		
8:45a						Open Swim		
9:00a						Open Swim		
9:15a						Open Swim		
9:30a						Open Swim		
9:45a						Open Swim		
10:00a						Open Swim		
10:15a						Open Swim		
10:30a						Open Swim		
10:45a						Open Swim		
11:00a						Open Swim		
11:15a						Open Swim		
11:30a						Open Swim		
11:45a						Open Swim		
Noon-1p						Open Swim		
1p - 2p						Open Swim		
2p - 3p						Open Swim		
3:00p						Open Swim		
3:15p						Open Swim		
3:30p						Open Swim		
3:45p						Open Swim		
4:00p						Open Swim		
4:15p						Open Swim		
4:30p						Open Swim		
4:45p						Open Swim		
5:00p						Open Swim		
5:15p						Open Swim		
5:30p						Open Swim		
5:45p						Open Swim		
6:00p						Open Swim		
6:15p						Open Swim		
6:30p						Open Swim		
6:45p						Open Swim		
7:00p						Open Swim		
7:15p						Open Swim		
7:30p						Open Swim		
7:45p						Open Swim		
8:00p	Pool Closes at 7:30p							
8:15p	Pool Closes at 7:30p							
8:30p	Pool Closes at 7:30p							

Schedule is subject to change.

Lap Swim - Single person or shared by 2 or more swimmers in one lane.

Open Swim - Recreational use of the pool for families and youth members

For exact Aqua Fitness schedule please consult Group Fitness schedule.

Entire pool or lanes may be closed due to facility rental (anytime),

Swim Meets or Birthday Parties (Fridays, Saturdays and Sundays).

*All swimmers under 12 years old must be accompanied by an Adult

Fox Valley Family YMCA Pool Schedule Fall-Winter 2019

Saturday

Lanes	1	2	3	4	5	6	7	8
	Pool Opens at 6:30a							
6:30a								
7:00a								
7:30a								
8:00a	SWIM PRACTICE			L a p S w i m			Open Swim	
8:15a								
8:30a								
8:45a								
9:00a								
9:15a	Swim Lessons			Swim Lessons		Open Swim		
9:30a								
9:45a								
10:00a								
10:15a								
10:30a	Swim Lessons			Swim Lessons		Open Swim		
10:45a								
11:00a								
11:15a								
11:30a								
11:45a	Swim Lessons			Swim Lessons		Open Swim		
Noon-1p								
1p - 2p								
2p - 3p								
3:00p								
3:15p	Swim Lessons			Swim Lessons		Open Swim		
3:30p								
3:45p								
4:00p								
4:15p								
4:30p	Swim Lessons			Swim Lessons		Open Swim		
4:45p								
5:00p								
5:15p								
5:30p								
5:45p	Swim Lessons			Swim Lessons		Open Swim		
6:00p								
6:15p								
6:30p								
6:45p								
7:00p	Pool Closes at 5:30p							
7:15p								
7:30p								
7:45p								
8:00p								
8:15p								

Sunday

Lanes	1	2	3	4	5	6	7	8
	Pool Opens at 7:30a							
7:30a-8a								
8:00a	L e s s o n s		Lap Swim			Open Swim		
8:15a								
8:30a								
8:45a								
9:00a								
9:15a	L e s s o n s		Lap Swim			Open Swim		
9:30a								
9:45a								
10:00a								
10:15a								
10:30a	L e s s o n s		Lap Swim			Open Swim		
10:45a								
11:00a								
11:15a								
11:30a								
11:45a	L e s s o n s		Lap Swim			Open Swim		
Noon-1p								
1p - 2p								
2p - 3p								
3:00p								
3:15p	L e s s o n s		Lap Swim			Open Swim		
3:30p								
3:45p								
4:00p								
4:15p								
4:30p	L e s s o n s		Lap Swim			Open Swim		
4:45p								
5:00p								
5:15p								
5:30p								
5:45p	L e s s o n s		Lap Swim			Open Swim		
6:00p								
6:15p								
6:30p								
6:45p								
7:00p	Pool Closes at 3:30p							
7:15p								
7:30p								
7:45p								
8:00p								
8:15p								

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