WEST BRANCH Modified

GROUP EXERCISE SCHEDULE August 31- Sept 8

Saturday Aug 31	Sunday Sept 1	Monday Sept 2	Tuesday Sept 3	Wednesday Sept 4	Thursday Sept 5	Friday Sept 6	Saturday Sept 7
AM	AM	AM	AM	AM	AM	AM	AM
	No Classes	No Classes	No Classes	No Classes	No Classes		
8:00-8:45 Power Circuit						8:30-9:30 LesMILLS BODYCOMBAT	8:00-8:45 LesMILLS BODYPUMP
		HAPPY LABOR DAY!				9:00-10:00 Yoga	8:50-9:30 LesMILLS BODYCOMBAT
							9:30-10:30 LesMILLS BODYFLOW
		HAPPY LABOR DAY!					
PM	PM	PM	PM	PM	PM	PM	PM
		HAPPY LABOR DAY!					